

How To Make A Friendship Bracelet

Name:

Measure Strands:



Measure the length of the first strand = 2 X distance from shoulder to finger tip.

Cut three strands the same length in different colours. Lay on top of each other then fold in half.

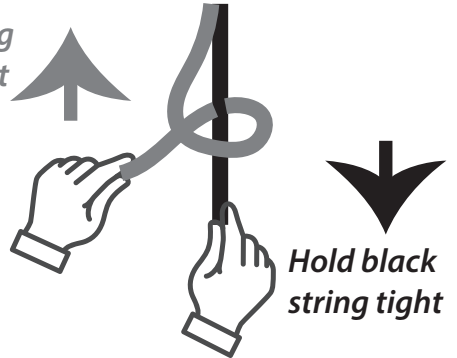
Knot the strands together at the folded end and tape down.

Separate the strands into colours:

<u>Colour 1</u>	<u>Colour 2</u>	<u>Colour 3</u>
Strand 1 and 2	Strand 3 and 4	Strand 5 and 6

4

Pull grey string up until a knot is made



Tie this twice to complete the double knot.

Hold black string tight

How to tie the basic double knot:

1



2



3



4



5



6



Double Knotting Strands in Rows:

Row 1

Using strand 1, double knot across each remaining strand from left to right. (Strand 1 will end up on the far right by the end of the row.)

Row Two

Using strand 2 (same colour as strand 1) double knot across each strand from left to right. Strand 2 will now be at the far right.

Row Three

Using strand 3 (a new colour) double knot across each strand from left to right.

Row Four

Using strand 4 (same colour as strand 3), double knot across each strand from left to right.

Continue in pattern. There will be two rows of each colour.

