## What time is it?

People often write the letters am or pm after the time. This is because we use a 12 hour clock and there are 24 hours in a day. There are two times of the day when it is 12 o'clock, for example. To prevent confusion, we add am and pm so we know which time we are referring to. The letters are abbreviations for the latin words 'anti meridien' and 'post meridien'.


- The latin words ante (before) and meridien (noon) mean before noon. We use am for times before noon.
- The latin words post (after) and meridien (noon) mean after noon. We use $\boldsymbol{p m}$ for times after noon.


What are you doing at this time?


1 am

## What time? (Show am or pm in your answers)

What time do you have breakfast? $\qquad$
What time do you start school? What time do you have lunch? What time do you finish school? What time do you have dinner? What time do you fall asleep? What time do you wake up?

What are you doing at this time?


What are these numbers in Roman Numerals?


