

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Mum and I are going to visit the dentist today to have our teeth checked.

This is the dentist's office. It has a chair that goes up and down and tilts backwards.

This is me lying back on the chair. I am wearing a bib to protect my clothes. The dentist shines a bright light on my mouth so he can see. Open wide!

These are some of his tools. The round one is a mirror so he can see behind my teeth. He uses the pointy tools to scrape away the tartar from between my teeth. Once he finishes checking my teeth it's time to rinse with water and spit into the sink.

Now it's Mum's turn. The dentist is cleaning her teeth. The nurse is using the suction tube. We love having clean healthy teeth!

To have healthy teeth you need to eat good food and drink plenty of milk. And don't forget to clean your teeth at least twice a day!

# A Visit To The Dentist



Did you know?

You should visit the dentist every six months for a check up. The dentist will clean the plaque (tartar) from your teeth and check for any signs of decay.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

---

Answer the questions.

1) Why did the girl and her mother go to the dentist?

---

2) Why did the girl wear a bib?

---

3) What is the light for?

---

4) What are the pointy tools for?

---

5) What do you think the suction tube is used for?

---

6) Why do you think drinking milk is good for your teeth?

---

---

Circle the verbs in these sentences (What the person is doing)

Mum sat in the dentist's chair. She opened her mouth so the dentist could see her teeth. He looked at every tooth to make sure there was no decay. Next he scraped the tartar from between her teeth with the pointy tools. Lastly he polished them with special paste. The dentist's assistant suctioned the suds from Mum's mouth while the dentist worked. Finally, it was time for mum to rinse her mouth. She looked in the mirror at her bright shiny teeth.

The dentist asked Mum to have another checkup in six months.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Write a list of things you can do to keep your teeth healthy

---

---

---

---

---

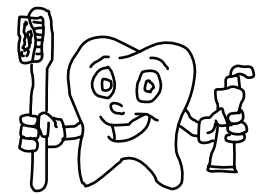
---

---

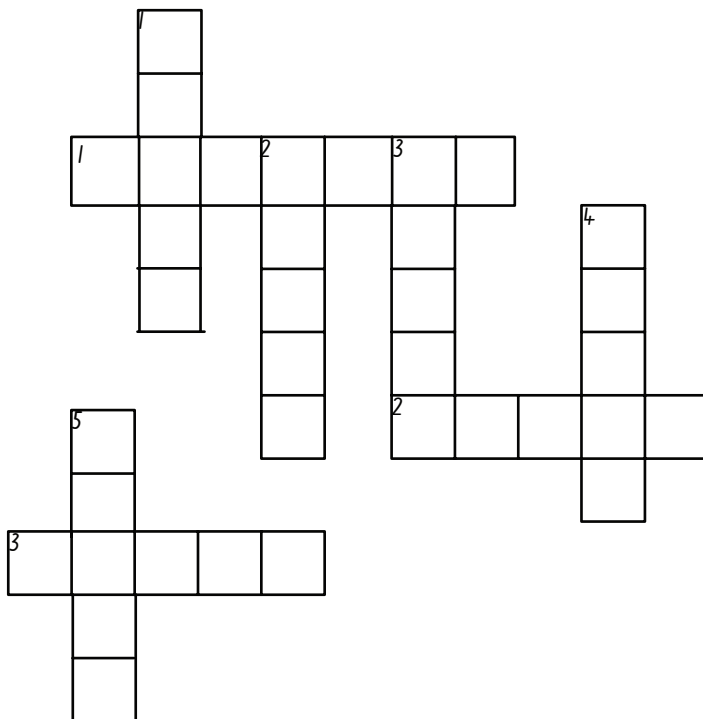
---

---

---



Complete the healthy teeth crossword.



Clues Across:

- 1) A person who checks your teeth.
- 2) Always do this with water after you brush.
- 3) Holes in the tooth surface.

Clues Down:

- 1) The baby ones are replaced by adult ones.
- 2) A loose one can make your gum hurt when you are eating.
- 3) Foods with too much of this can damage your teeth.
- 4) Replace your tooth \_\_\_\_\_ before it gets ragged.
- 5) \_\_\_\_\_ your teeth at least twice a day.

