

How Can We Reduce Rubbish In Our Environment?

Study*ladder*

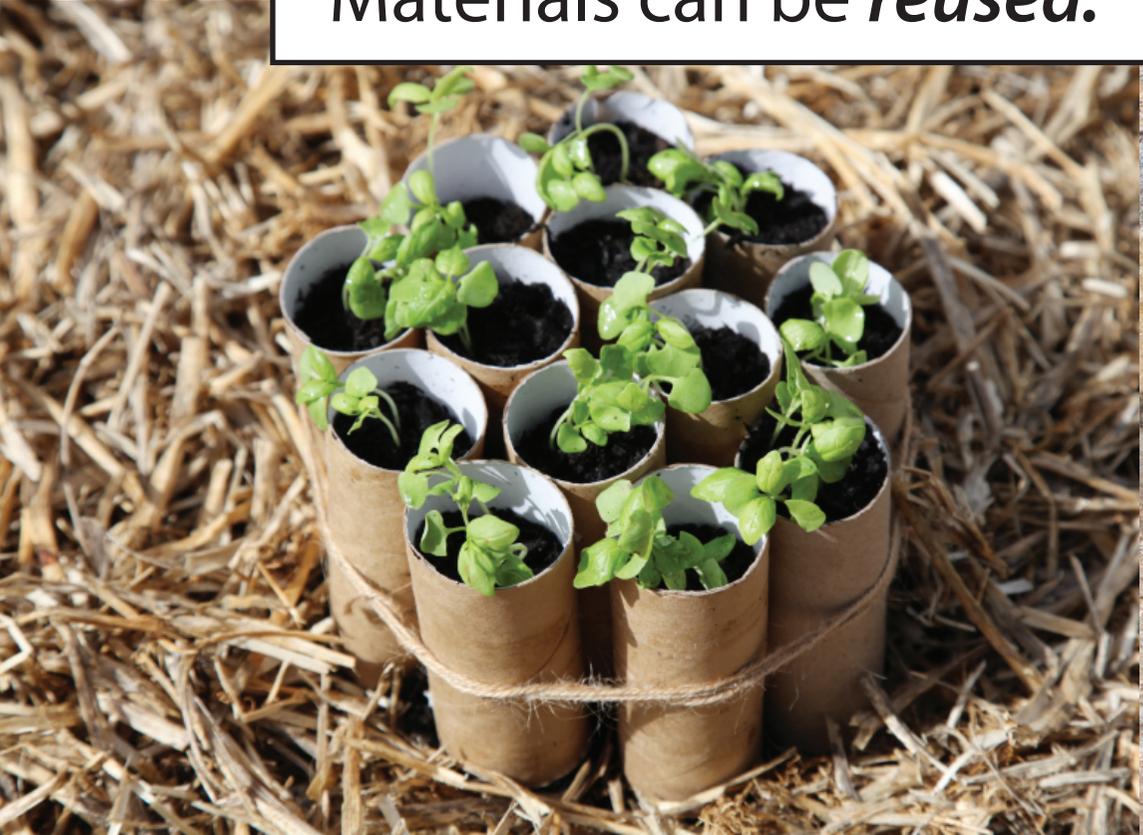
A group of people, mostly young adults, are participating in a community cleanup activity. They are wearing light blue t-shirts and are focused on collecting trash into blue plastic bags. The scene is set outdoors in a park-like area with trees and grass. The background is slightly blurred, emphasizing the participants in the foreground. The overall atmosphere is one of active participation in environmental care.

Our rubbish can be *recycled*.





Materials can be *reused*.



We can sell or donate unwanted items.



Rubbish can be *reduced* by making conscious decisions about:

- * what we buy
- * how much we buy
- * choosing recyclable materials
- * avoiding unnecessary packaging
- * Avoiding plastic products
- * Avoiding throw away containers
- * considering the environmental implications of a product's disposal.



How much rubbish do you make each day?



How can reduce waste to help the environment?